



INTERNATIONAL  
GRAMMAR SCHOOL

# Year 11 Tasmania SAGE Program 'Writing the Island'

## Wukalina Group

19 to 23 September 2022



## Activity Overview - Wukalina Walk

yr 11 Group	Monday 19 September	Tuesday 20 September	Wednesday 21 September	Thursday 22 September	Friday 23 September
yr 10 Group	Monday 14 November	Tuesday 15 November	Wednesday 16 November	Thursday 17 November	Friday 18 November
<b>Wukalina Walk</b>	<p>Meet at Sydney Domestic Check-In – 5.45 - 6am Depart JQ745 (JQ 747) Flight - 7.25 am (10.10am) Arrive - 9.10 am (11.50am) Launceston</p> <p>Wukalina Guide to take group to - The First Tasmanians - Queen Victoria Museum and Art Gallery <a href="https://www.qvmag.tas.gov.au/Exhibitions/Permanent/The-First-Tasmanians-Our-Story">https://www.qvmag.tas.gov.au/Exhibitions/Permanent/The-Fir-st-Tasmanians-Our-Story</a></p> <p><b>Accommodation:</b> Mantra Charles Hotel, Launceston <a href="https://www.mantra.com.au/tasmania/north-east/launceston/accommodation/mantra-charles-hotel/">https://www.mantra.com.au/tasmania/north-east/launceston/accommodation/mantra-charles-hotel/</a></p> <p>Pick up from Airport by Wukalina</p> <p>Picnic lunch at The Gorge with Wukalina Guide</p> <p>Dinner at 6:30pm at Elders Centre with Wukalina</p>	<p>Day 1</p> <p>Launceston to krakani lumi - Mountain and inland journey</p> <p>Arrive Tasmanian Elders Centre in Launceston at 8:00 am sharp.</p> <p>Guests enjoy a scenic drive from Launceston while learning about the Aboriginal and European history of the district.</p> <p>The cultural walk begins at Stumpy's Bay in wukalina/Mt William National Park.</p> <p>Arrive at a camp (krakani lumi) at Cobler Rocks.</p> <p>distance - 11km difficulty - medium walk time - 4.5 hours</p> <p><b>Accommodation:</b> Wukalina track</p>	<p>Day 2</p> <p>Coastal journey</p> <p>After breakfast guests will be guided along a traditional coastal pathway.</p> <p>Lunch will be served back at the Standing Camp, following which our guides will lead cultural sessions.</p> <p>After a traditional dinner including muttonbird, wallaby, and doughboys, guests will enjoy a starlight night walk</p> <p>Guests may encounter native wildlife such as wombats (prupilathina), wallabies (payathanima) and kangaroos, as well as possums and many more of Australia's famous critters in this untouched landscape.</p> <p>distance - 5km difficulty - medium walk time - 2 hours</p> <p><b>Accommodation:</b> Wukalina track</p>	<p>Day 3</p> <p>krakani lumi to larapuna   Coastal journey</p> <p>A guided walk south along the pure white sands and rocky headlands, with lunch at Marsupial Lawns.</p> <p>Arrive on the Aboriginal-held land of larapuna (Eddystone Point lighthouse precinct)</p> <p>Experience native wildlife close-up, including wombats and wallabies.</p> <p>distance - 17km difficulty - medium to hard walk time - 6 hours</p> <p><b>Accommodation:</b> Wukalina track</p>	<p>Day 4</p> <p>larapuna and return to Launceston   Around larapuna</p> <p>Opportunity to explore the larapuna precinct and surrounds.</p> <p>Exclusive access and tour of Eddystone Lighthouse.</p> <p>Participate in cultural activities practised in the local area for thousands of years.</p> <p>Conversation with Aboriginal Elder/respected community members.</p> <p>Lunch is served prior to the drive back to Launceston via a 'quirky café' stop in Derby</p> <p>Arrive back in Launceston at approximately 4:30 pm. Have dinner prior to leaving for airport.6.30pm leave for airport 12 mins away.</p> <p>Arrive at Launceston Airport - 7 pm</p> <p>Depart Launceston Airport Flight JQ750 - 8:25 pm arrive at 10 pm Sydney</p>



## Student List

Lucy	Gardiner	Wukalina Walk
Nell	Brennan	Wukalina Walk
Katya	Slavin	Wukalina Walk
Jonathan	Riesel	Wukalina Walk
Francis	Burkhard	Wukalina Walk
Lucy	Melo	Wukalina Walk
Lulu	Talbot	Wukalina Walk
Iris	Hancock	Wukalina Walk
Harriet	Tonkin	Wukalina Walk
Edward	Hopper	Wukalina Walk
<b>Veronica</b>	<b>Whitaker</b>	Wukalina Walk
<b>Lucy</b>	<b>Haynes</b>	Wukalina Walk

## Accommodation

### Group Wukalina

#### Mantra Charles Hotel, Launceston



Located in the heart of Tasmania's North, Mantra Charles Hotel offers ideal Launceston accommodation

#### Wukalina Track Eco-Cabins



Beautiful eco-friendly cabins located along the track

## GEAR LIST

We recommended you wear layered clothing especially lightweight wool or breathable polyester. Cotton clothes, like jeans, become heavy when wet, are hard to dry and can make you very cold.

We can supply a 40-litre backpack, Gore-Tex jacket, gaiters and walking poles for no extra charge. If you are using one of our backpacks, separate out your wukalina Walk gear before arriving at the Elders Centre so it's ready to go straight into the pack.

You will be carrying your own personal belongings on the hike so pack as lightly as you can. Please bring:

- small daypack for shorter walks
- head torch & spare batteries
- water bottle with at least one-litre capacity
- worn-in hiking boots with ankle support
- sports tape or blister wool
- 2-3 pairs of good quality walking socks plus 1-2 pairs of lightweight socks
- 2 pairs of quick-dry hiking shorts, trousers or hiking skirts
- 2-3 shirts and/or t-shirts (merino or quick-dry equivalent) including something long-sleeved for sun protection
- cap or sun hat and sunglasses
- beanie (and even a scarf/buff and gloves) for colder days and evenings outside
- warm fleece or lined windproof jacket
- waterproof trousers
- a light down/puffer jacket or vest
- sleepwear, such as long thermal underwear or something lighter
- comfortable casual clothes for evenings
- lightweight casual footwear such as sandals or slip-ons for around camp
- general toiletries apart from shampoo, conditioner and soap – we provide biodegradable products
- we carry sunscreen but bring your own if you have a preferred brand
- regular medication

- swimwear (optional)
- medium-sized backpack (optional)
- waterproof jacket (optional)
- short or full-length gaiters (optional)
- walking poles (optional)
- travel stool (optional)
- camera equipment (optional)
- sketch pad, notebook and drawing materials (optional)
- mobile phone charger (limited charging points at krakani lumi).

## Student Information – Wukalina

### Key Logistics:

#### Departure: 7.30am Monday 19th September, JQ745

- 5.00 am meet at Jetstar Check-In. Traffic is a nightmare on Monday mornings. Don't be late – we can't wait!

### Food:

- Be aware of domestic quarantine rules + IGS no nut policy – no fruit, veg & no nuts!
- At the airport: need to stay together as a group. If you need to go to the bathroom, go in pairs, must tell the teacher before and after
- Airport security is taken seriously – act appropriately
- If you are late or miss the plane: ring your teacher (contact card) + IGS reception. You may be able to join a later flight
- Make sure you bring your contact card.

**Meds:** need to give prescription meds to the teacher in a clearly marked zip-lock bag. Don't keep meds with you & staff will manage

**T-Shirt:** students need to arrive at the airport in a SAGE t-shirt. Staff are encouraged to do the same. Students also need to ensure clothing is appropriate whilst in Tasmania. Sun safety is important. Don't bring tank-tops or clothes that don't protect your shoulders/stomach – you will be asked to change

### Bag allowance – must be adhered to:

1 x 23kg + 1 x 7kg carry on. Be mindful of what can't be carried on (nothing sharp or flammable/aerosol).

### Upon arrival in Launceston:

Depart on Tuesday for the Wukalina walk

- ECR: bags will be stored in the trailer and stored for the hike. Returned on Thursday. Gear that you don't want to take on the hike can be left in the bag.
- \*After the OE component - you can hang onto wet weather gear for the remainder of the trip but IGS staff must coordinate the return of gear before leaving arrivals in Sydney. IGS teacher's responsibility to mark off the return of items to OEG.

**Meals:** provided & dietary requirements will be catered for

### Student cooking:

Safety & hygiene is paramount throughout camp.

### Behaviour:

- code of conduct signed and will be referred to if there is poor behaviour. Poor behaviour will be addressed early and you will be removed from the group
- Student briefing must occur regularly and include:
  - location of staff at night in the case of an emergency



- Venue briefings regarding any site-specific information

**Gear:**

- The gear list is in the booklet and on the OEG website. A hiking bag, wet weather jacket and pants are provided by OEG if you desire. Follow the gear list & don't forget any items!
- Upon arriving back in Sydney all OEG gear goes back to IGS staff. All OEG gear will be sorted and given to them before leaving the bag collection area
- Drink bottle (3L), sunscreen, wide brim hat and appropriate clothing.

**Other info:**

- OEG is First Aid officers, please inform us of any problems (including your own). Small problems can become big if not addressed early. Due to the remote location, it is crucial that staff and students look after themselves
- OEG is not there for behaviour management. Behave or you will leave the island.
- Drugs/alcohol: Any issues will lead to students being sent home.
- expense & further consequences back at school
- OEG website – have you looked at it?
- No student should be alone: especially in the evening/night—likewise no mixed-gender in tents.
- Role in group: be positive, help others, help the group = enjoyable trip!
- After the hike, you will go back to Launceston

**General advice:**

- Don't underestimate how much of difference weather can/will have on kids' morale. If wet they really need to be taking care of the little things. The current weather forecast shows a high likelihood of rain so you will get wet.
- Kids need to be mindful of having the correct gear to make the trip positive.

## IGS Points of Understanding Statement

Students travelling outside the city on programs are, in response to new physical and human environments, subject to additional risks. This places others at risk, including supervising teachers, instructors, and other students. During such activities students need to be able to utilise their good critical thinking and reasoning skills, and to have sound mental and emotional wellbeing.

If the school is not satisfied that a particular student is fit to participate in the program, the School may require additional information including a medical report or may not allow the student to participate in the program at the School's absolute discretion.

Parents and students are reminded:

Parents accept that students will be exposed to and participate in activities on the Year 11 SAGE trip. These may involve risks that students may not experience whilst at school.

Students who are under the care of IGS staff away from school are expected to comply with directions given by teachers and other authorities, to follow the rules of the staff at the accommodation site, and to comply with the rules and instructions of staff at activity venues.

A student may be asked by the School to leave the program and return to IGS if the School does not consider it appropriate for the student to remain on-site for reasons such as:

- the student is not meeting the expectations of the supervising staff;
- the School becoming aware of a problem relating to a student;
- a student placing themselves, or any other student or staff member, at risk of harm;
- a student consuming, purchasing, or carrying illegal substances.

If the school becomes aware of a problem relating to a student, the School will inform the parents of the issue and ask them to make decisions relating to the student's wellbeing. In the event that the parents are not available, the School will contact the emergency contacts nominated by the parents and invested with responsibility by the parents. However, the final decision on whether the student remains in the program is the School.

## Code of Conduct for students: Year 11 SAGE Program

- Students are expected to adhere to school rules and common courtesies.
- Students must at all times **follow the directions** of the IGS staff at the accommodation site and activity venues.
- Students **must listen carefully** during all briefing sessions conducted, and follow these instructions carefully.
- Students who engage in inappropriate behaviour that puts themselves or others at risk may be sent home. Their parents will be called and will be required to arrange transport back to Sydney.
- Students are expected to make a genuine effort to **participate fully in the activities** provided by instructors and teachers.
- Students must ensure they have read the OEG website outlining what to bring and what not to bring. **Inappropriate materials** will be held by teachers until the end of the expedition or may be disposed of.
- Students must wear **closed shoes** at all times.
- Students must ensure that they apply **sunscreen** provided as directed by teachers for outdoor activities and must wear a **broad-brimmed hat** for outdoor activities.
- Students **must not leave their accommodation at night** except in case of emergency. There is to be **no noise, movement, or communication** between accommodations after lights out. In the mornings, students must not leave their accommodation before the time specified by the supervising teachers. Any breach of this will be regarded as a very serious matter.
- Students may not be in accommodation **other than their own** without the permission of a teacher.
- Students must **respect** the accommodation in which they are staying and behave **safely** and **responsibly** at all times.
- If students feel **unsafe** or **uncomfortable** about something that has happened to them, they should talk to a staff member. **In an emergency** after lights out, they should report to the staff member on duty for that night (these will be indicated to students).