



INTERNATIONAL
GRAMMAR SCHOOL

Year 10 Tasmania SAGE Program 'Writing the Island'

Wukalina Group

14 to 18 November 2022



Activity Overview - Wukalina Walk

Year 10 Group	Monday 14 November	Tuesday 15 November	Wednesday 16 November	Thursday 17 November	Friday 18 November
Wukalina Walk	<p>Meet at Sydney Domestic Arrive 4.30am Check-In – 5.00 am Depart VA0800 Flight - 6.00 am Arrive - 7.35 am Melbourne</p> <p>Depart VA1362 Flight - 8.30 am Arrive - 9.35 am Launceston</p> <p>Wukalina Guide to take group to - The First Tasmanians - Queen Victoria Museum and Art Gallery https://www.qvmag.tas.gov.au/Exhibitions/Permanent/The-First-Tasmanians-Our-Story</p> <p>Accommodation: Mantra Charles Hotel, Launceston https://www.mantra.com.au/tasmania/north-east/launceston/accommodation/mantra-charles-hotel/</p> <p>Pick up from Airport by Wukalina</p> <p>Picnic lunch at The Gorge with Wukalina Guide</p> <p>Dinner at 6:30 pm at Elders Centre with Wukalina</p>	<p>Day 2</p> <p>8.55am - Elders arrive</p> <p>9.45am - Elders depart</p> <p>12.45pm - Wukalina guides arrive - walk to summit - lunch at summit</p> <p>2.15pm - Walk to standing camp</p> <p>5pm - Arrive at standing camp - warm snacks and hot chocolate on arrival</p> <p>6.30pm - BBQ Dinner</p> <p>Stay overnight at the standing camp</p>	<p>Day 3</p> <p>8am Breakfast</p> <p>9am - Walk to Deep Creek</p> <p>12pm - Collect from Deep Creek and drive to Larapuna</p> <p>12.30pm - Lunch at Lighthouse Cottage</p> <p>1.30pm - Lighthouse tour and tour of site</p> <p>4pm - Drive back to camp</p> <p>5.30pm - Arrive camp</p> <p>6.30pm - Wallaby</p> <p>7pm Dinner</p> <p>Stay overnight at the standing camp</p>	<p>Day 4</p> <p>830am Breakfast</p> <p>9.30am - Walk to cultural living site</p> <p>12.30pm - lunch back at camp</p> <p>2pm - 5pm Cultural activities</p> <p>6.30pm - Dinner</p> <p>Stay overnight at the standing camp</p>	<p>Day 5</p> <p>8.30am Breakfast</p> <p>9.30 - Walk to Stumpys 11am - Collected by Coach</p> <p>12pm - Lunch at Derby or made on site</p> <p>1.15pm - Depart Derby</p> <p>2.45pm - Arrive Launceston</p> <p>3 pm - Drive to Airport</p> <p>Depart Launceston Airport Flight QF1542 - 4:55 pm Launceston via Melbourne arrive at 6pm</p> <p>Melbourne to Sydney QF0486 leave 7.00pm arrive 8:25pm</p>

Accommodation

Group Wukalina

Mantra Charles Hotel, Launceston



Located in the heart of Tasmania's North, Mantra Charles Hotel offers ideal Launceston accommodation

Wukalina Track Eco-Cabins



Beautiful eco-friendly cabins located along the track

GEAR LIST

We recommend you wear layered clothing, especially lightweight wool or breathable polyester. Cotton clothes, like jeans, become heavy when wet, are hard to dry and can make you very cold.

We can supply a 40-litre backpack, Gore-Tex jacket, gaiters and walking poles for no extra charge. If you are using one of our backpacks, separate out your wukalina Walk gear before arriving at the Elders Centre so it's ready to go straight into the pack.

You will be carrying your own personal belongings on the hike so pack as lightly as you can. Please bring:

- small daypack for shorter walks
- head torch & spare batteries
- water bottle with at least one-litre capacity
- worn-in hiking boots with ankle support
- sports tape or blister wool
- 2-3 pairs of good quality walking socks plus 1-2 pairs of lightweight socks
- 2 pairs of quick-dry hiking shorts, trousers or hiking skirts
- 2-3 shirts and/or t-shirts (merino or quick-dry equivalent) including something long-sleeved for sun protection
- cap or sun hat and sunglasses
- beanie (and even a scarf/buff and gloves) for colder days and evenings outside
- warm fleece or lined windproof jacket
- waterproof trousers
- a light down/puffer jacket or vest
- sleepwear, such as long thermal underwear or something lighter
- comfortable casual clothes for evenings
- lightweight casual footwear such as sandals or slip-ons for around camp
- general toiletries apart from shampoo, conditioner and soap – we provide biodegradable products
- we carry sunscreen but bring your own if you have a preferred brand
- regular medication

- swimwear (optional)
- medium-sized backpack (optional)
- waterproof jacket (optional)
- short or full-length gaiters (optional)
- walking poles (optional)
- travel stool (optional)
- camera equipment (optional)
- sketch pad, notebook and drawing materials (optional)
- mobile phone charger (limited charging points at krakani lumi).

Student Information – Wukalina

Key Logistics:

Departure: 6.00 am Monday 14th November, VA0800 to Melbourne

- 4.45 am meet at Jetstar Check-In. Traffic is a nightmare on Monday mornings. Don't be late – we can't wait!
- VA1362 8.30 - 9.35 am Melbourne to Launceston

Return: Depart Launceston Airport Flight QF1542 - 4:55 pm Launceston via Melbourne arrive at 6 pm. Melbourne to Sydney QF0486 leave 7.00 pm and arrive at 8:25 pm

Food:

- Be aware of domestic quarantine rules + IGS no nut policy – no fruit, veg & no nuts!
- At the airport: need to stay together as a group. If you need to go to the bathroom, go in pairs, must tell the teacher before and after
- Airport security is taken seriously – act appropriately
- If you are late or miss the plane: ring your teacher (contact card) + IGS reception. You may be able to join a later flight
- Make sure you bring your contact card.

Medications: You need to give all prescription medications to the teacher in a clearly marked zip-lock bag.

T-Shirt: students need to arrive at the airport in a SAGE t-shirt. Staff are encouraged to do the same. Students also need to ensure clothing is appropriate whilst in Tasmania. Sun safety is important. Don't bring tank-tops or clothes that don't protect your shoulders/stomach – you will be asked to change

Bag allowance – which must be adhered to

1 x 23kg + 1 x 7kg carry on. Be mindful of what can't be carried on (nothing sharp or flammable/aerosol).

Upon arrival in Launceston:

Depart on Tuesday for the Wukalina walk

- After the OE component - you can hang onto wet weather gear for the remainder of the trip but IGS staff must coordinate the return of gear before leaving arrivals in Sydney. IGS teacher's responsibility to mark off the return of items to OEG.

Meals: provided & dietary requirements will be catered for

Student cooking:

Safety & hygiene is paramount throughout camp.

Behaviour:

- code of conduct signed and will be referred to if there is poor behaviour. Poor behaviour will be addressed early and you will be removed from the group
- Student briefing must occur regularly and include:
 - location of staff at night in the case of an emergency
 - Venue briefings regarding any site-specific information

Gear:

- please check gear list [HERE](#)
- Drink bottle (3L), sunscreen, wide brim hat and appropriate clothing.

Other info:

- Please inform us of any problems (including your own). Small problems can become big if not addressed early. Due to the remote location, it is crucial that staff and students look after themselves
- OEG is not there for behaviour management. Behave or you will leave the island.
- Drugs/alcohol: Any issues will lead to students being sent home.
- expense & further consequences back at school
- No student should be alone: especially in the evening/night—likewise no mixed-gender in tents.
- Role in group: be positive, help others, help the group = enjoyable trip!
- After the hike, you will go back to Launceston

General advice:

- Don't underestimate how much of a difference weather can/will have on kids' morale. If wet they really need to be taking care of the little things. The current weather forecast shows a high likelihood of rain so you will get wet.
- Kids need to be mindful of having the correct gear to make the trip positive.

IGS Points of Understanding Statement

Students travelling outside the city on programs are, in response to new physical and human environments, subject to additional risks. This places others at risk, including supervising teachers, instructors, and other students. During such activities students need to be able to utilise their good critical thinking and reasoning skills, and to have sound mental and emotional well-being.

If the school is not satisfied that a particular student is fit to participate in the program, the School may require additional information including a medical report or may not allow the student to participate in the program at the School's absolute discretion.

Parents and students are reminded:

Parents accept that students will be exposed to and participate in activities on the Year 10 SAGE trip. These may involve risks that students may not experience whilst at school.

Students who are under the care of IGS staff away from school are expected to comply with directions given by teachers and other authorities, to follow the rules of the staff at the accommodation site, and to comply with the rules and instructions of staff at activity venues.

A student may be asked by the School to leave the program and return to IGS if the School does not consider it appropriate for the student to remain on-site for reasons such as:

- the student is not meeting the expectations of the supervising staff;
- the School becoming aware of a problem relating to a student;
- a student placing themselves, or any other student or staff member, at risk of harm;
- a student consuming, purchasing, or carrying illegal substances.

If the school becomes aware of a problem relating to a student, the School will inform the parents of the issue and ask them to make decisions relating to the student's well-being. In the event that the parents are not available, the School will contact the emergency contacts nominated by the parents and invested with responsibility by the parents. However, the final decision on whether the student remains in the program is the School.

Code of Conduct for students: Year 10 SAGE Program

- Students are expected to adhere to school rules and common courtesies.
- Students must at all times **follow the directions** of the IGS staff at the accommodation site and activity venues.
- Students **must listen carefully** during all briefing sessions conducted, and follow these instructions carefully.
- Students who engage in inappropriate behaviour that puts themselves or others at risk may be sent home. Their parents will be called and will be required to arrange transport back to Sydney.
- Students are expected to make a genuine effort to **participate fully in the activities** provided by instructors and teachers.
- Students must wear **closed shoes** at all times.
- Students must ensure that they apply **sunscreen** provided as directed by teachers for outdoor activities and must wear a **broad-brimmed hat** for outdoor activities.
- Students **must not leave their accommodation at night** except in case of emergency. There is to be **no noise, movement, or communication** between accommodations after lights out. In the mornings, students must not leave their accommodation before the time specified by the supervising teachers. Any breach of this will be regarded as a very serious matter.
- Students may not be in accommodation **other than their own** without the permission of a teacher.
- Students must **respect** the accommodation in which they are staying and behave **safely** and **responsibly** at all times.
- If students feel **unsafe** or **uncomfortable** about something that has happened to them, they should talk to a staff member. **In an emergency** after lights out, they should report to the staff member on duty for that night (these will be indicated to students).